



**BREAK THE
SILENCE**

**SHARE THE
SECRET**

EATING DISORDERS CAN AFFECT MEN TOO

One in ten eating disorder sufferers are male. One in five Anorexia sufferers will die. Anorexia kills more people than any other mental health condition.

Men are vulnerable. Are you concerned about someone you know?

Contact The Laurence Trust

07510 371 335



www.thelaurenctrust.co.uk